RESOLUTION ROCK COUNTY BOARD OF SUPERVISORS

Education, Veterans & Aging					
Services					
INITIATED BY					
Education, Veterans & Aging					
Services					
SUBMITTED BY					



Joyce Lubben DRAFTED BY

August 1, 2014 DATE DRAFTED

AMENDING THE 2014 COUNCIL ON AGING BUDGET TO ADJUST TITLE III-D ALLOCATIONS

WHEREAS, the Council on Aging has been awarded additional Title III-D funds to continue the collaboration with the Community Academic Aging Research Network in offering a wellness project for older adults to reduce sedentary time.

WHEREAS, the Council on Aging receives Older Americans Act Title III funds; and,

order adults to reduce sedemary time.

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11	Account/Description	Budget at 08/01/2014	Increase	Amended
13	Title III-D (Preventive Health)	08/01/2014	(Decrease)	<u>Budget</u>
14	Source of Funds			
15	30-3908-0000-42100	8,677	16,592	25,269
16	Federal Aid		·	,
17	Use of Funds			
18	30-3908-0000-64604	0	16,592	16,592
19	Program Expense		•	,

Respectfully submitted,

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Education,	Veterans	& Aging	Services	Committee
	T COUL WALLS		DOI TROOP	Communication

Rick Richard, Chair

Jeremy Zayacji Vigo

Edwin Nash

Norvain Pleasant

Kathy Schulz

Finance Committee Endorsement

Reviewed and approved on a vote of <u>3-0</u>

Mary Mawhinney, Chair

14-9A-094

AMENDING THE 2014 COUNCIL ON AGING BUDGET TO ADJUST TITLE III-D ALLOCATIONS

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FISCAL NOTE:

This resolution authorizes the acceptance and expenditure of \$16,592 in Federal Aid for Council on Aging's "Sit Less, Live Better" project. No County matching funds are required.

Sherry Oja

Finance Director

LEGAL NOTE:

As an amendment to the Adopted 2014 County Budget, this resolution requires a 2/3 vote of the entire membership of the County Board pursuant to Sec. 65.90(5)(a), Wis. Stats.

Jeffrew S. Kuglitsch Jorporation Counsel

ADMINISTRATIVE NOTE:

Recommended.

Josh Smith County Administrator

Executive Summary

In 2013 the Council on Aging was awarded a "special projects" grant from the Greater Wisconsin Agency on Aging Resources (GWAAR) to collaborate with the University of Wisconsin Medical School on a Community Academic Aging Research Network project called "Sit Less, Live Better." GWAAR is awarding the Council on Aging additional Title III-D funds this year to continue this research project which tests the effects of reducing sedentary behavior in older adults. The first phase of the project showed remarkable improvement in the well-being of the participants. It is hoped this second testing, with two additional groups, will provide a positive correlation between less sitting time and improved health indicators.

No county funds are required.