

# Rock County Crisis & Connections Services

#### 24-HOUR CRISIS SERVICES



(608) 757-5025
Crisis Intervention, Mental Health
Support, Assessment, and Referrals



### **Rock County Crisis Services:**

Rock County Crisis Services provides services to people of all ages who are experiencing either a mental health and/or alcohol/drug related emergency. Crisis Intervention staff provide support and assessments by phone, walk in and/or mobile response 24 hours a day, seven days a week. All crisis contacts are conducted in a confidential manner. Walk in services are available at Dr. Daniel Hale Williams Resource Center.

# Services offered through Rock County Crisis:

The following are an array of services that the Rock County Crisis Services offers:

- In-person support and assessments on a drop-in basis at the Dr. Daniel Hale Williams Resource Center 24 hours a day every day. Anyone seeking walk in services is encouraged to call (608) 757-5025 in advance of arrival. Visitors will need to ring the door bell at the Crisis Services entrance on the north side of the building.
- Phone support is available for individuals who are experiencing suicidal ideation, for friends and family of individuals who are at risk of suicide, for individuals needing emotional support, information, or referral.

- Funding may be available for voluntary psychiatric inpatient, detox, residential and/or community-based substance use treatment may be available if an individual is uninsured or is without other financial resources.
- Assessment of individuals determined to be at imminent risk of harm to themselves or others who are not seeking voluntary services.
- Consultation with law enforcement agencies within Rock County regarding subjects with mental health and/or alcohol/drug related concerns.
- Screens admissions for contracted short-term Crisis Stabilization facilities for youth 10-18 and adults. Services at these facilities are intended to act as a diversion from an inpatient psychiatric stay or as a transition from an inpatient facility back to the community. Services may include medication monitoring, psychiatric evaluations as needed, individual support, and group treatment.
- Connections referral services that can help clients, family members, community members, and referring providers link to behavioral health and substance use services. These services may include referral to community agencies, assistance with understanding services available for insured individuals, as well as screening and assessment for admissions to Rock County Behavioral Health treatment services and programs.

#### Services continued...

- Community based, short-term, crisis stabilization case management services which may include brief therapy, education, referrals to community providers, assistance identifying and connecting with other community resources and coordination of care with existing service providers and schools.
- Peer Support services which connects an individual with a
  Peer Specialist who has lived experience with mental health
  or substance misuse. The Peer Specialist is trained to provide
  support to others who are finding their path to recovery.
- Provides education to the community regarding Crisis Services and Wisconsin Statute Chapter 51-Mental Health Act.

### How do you know if someone is suicidal?

There are many risk factors for suicide and not everyone exhibits the same signs. Common warning signs are listed here, but if you are concerned, call Crisis Intervention at (608) 757-5025 to consult or talk directly about your concerns.

#### Warning Signs of Suicide:

- Talking about wanting to die
- · Researching methods for suicide
- Expressing feelings of guilt, shame, hopelessness or being a burden
- Increased anxiety, agitation, anger, insomnia or mood changes
- Withdrawal from friends, family and community
- Giving away belongings
- Increased reckless or risk taking behaviors
- Increased alcohol or substance use

## I am concerned for someone's safety and want to know how to get them help when they refuse help?

If you believe the individual to be in immediate danger please call 911.

If there is not an immediate safety concern you may call Crisis Intervention Services (608) 757-5025 to request an assessment.

Chapter 51, the Mental Health Act allows for involuntary intervention when someone is mentally ill, developmentally disabled, or drug dependent and is at substantial probability of physical harm to themselves or others due to one of these three conditions. The need for an emergency detention would be determined through an assessment by crisis intervention, in collaboration with law enforcement.

# What help is available for someone who is incapacitated by alcohol or drugs?

Chapter 51 also allows for involuntary intervention for detoxification, if the individual is incapacitated by alcohol, is jeopardizing the safety of that individual or others, and there is no responsible party to care for that individual.

For additional information on services and resources, visit our website or scan the QR code below.



<u>www.co.rock.wi.us/departments/human-services/counseling-other-treatment-programs-behavioral-health</u>



For more information about Crisis Services or if you would like to request a presentation about Crisis Services, please contact Sandra Frinzi, Crisis Intervention Supervisor at (608) 743-2418 or Loria Boone, Connections/Crisis Stabilization Supervisor at (608) 757-5146.